

# Client Health History: Radio Frequency/High Frequency Treatment of Skin Irregularities Health History Intake



Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_  
Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Home/Cell Phone: \_\_\_\_\_ Work: \_\_\_\_\_  
Email: \_\_\_\_\_ Preferred Contact: Cell \_\_\_ Work \_\_\_ Email \_\_\_  
Emergency contact name: \_\_\_\_\_ Phone: \_\_\_\_\_  
Relationship to you: \_\_\_\_\_

Are you over the age of 18 years? Yes \_\_\_ No \_\_\_

**SKIN TYPE:** Review the skin types below, using the Fitzpatrick Scale, and check the one that best describes your skin. This information will be used by your technician to determine the most appropriate way to approach your treatment(s):

- I. Very fair skin; blonde or red hair; light-colored eyes; freckles common
- II. Fair skinned; light hair, light eyes
- III. Very common skin type; fair; eye and hair color vary
- IV. Mediterranean Caucasian skin; medium to heavy pigmentation
- V. Mideastern skin; rarely sun sensitive
- VI. Black skin; rarely sun sensitive

Are you of Asian heritage (Class V) and/or have a history of keloid scarring?  Yes  No

## Cosmetic History

How would you describe your skin? Normal \_\_\_ Combination \_\_\_ Oily \_\_\_ Dry \_\_\_

When were you last exposed to the sun (including tanning beds)? \_\_\_\_\_

Have you ever had treatments for vascular veins, pigmented lesions, or other unwanted lesions? Yes \_\_\_ No \_\_\_

If yes, when? \_\_\_\_\_ What body area(s) were treated? \_\_\_\_\_

Describe your experience \_\_\_\_\_

Have you used Accutane in the past year? Yes \_\_\_ No \_\_\_

Are you using any topical creams, lotions, or oral antibiotics for acne, skin cancer, antiaging or hyperpigmentation?

Please List: \_\_\_\_\_

Have you ever had any of the following injectables or implants?

Botox	Radiesse	Perlane	Collagen	Dysport
Juvederm	Restylane	Silicone	Sculptra	

Other: \_\_\_\_\_

If yes, when? \_\_\_\_\_ What body area(s)? \_\_\_\_\_

Continued ⇨

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**Health History**

Do you have hyperpigmentation (darkening of the skin) or hypopigmentation (lightening of the skin) or marks after physical trauma? Yes \_\_\_ No\_\_\_ If yes, please describe \_\_\_\_\_

Do you form thick or raised scars from cuts or burns? Yes\_\_\_ No\_\_\_

Have you had chemotherapy in the past 6 months? Yes\_\_\_ No\_\_\_

Do you have any allergies to medications, food, latex, topical products, and/or other substances? \_\_\_\_\_

Do you have any of the following conditions?

\_\_\_Epilepsy \_\_\_Pregnancy and/or breastfeeding \_\_\_Autoimmune disease \_\_\_Herpes Simplex \_\_\_Diabetes

\_\_\_Dental implants, crowns, metal fillings \_\_\_Pacemaker or internal defibrillator

\_\_\_Implanted neuro stimulators or other internal electric device

\_\_\_Metal implants or other implants in the treatment area, i.e. IUD, screws, plates \_\_\_Varicose veins

\_\_\_History of skin disorders

Do you have a history of Erythema Ab Igne (EAI), a persistent skin rash produced by prolonged or repeated exposure to moderately intense heat? Yes \_\_\_ No \_\_\_

Do you have any other health condition not mentioned here? Yes\_\_\_ No\_\_\_

If yes, please list \_\_\_\_\_

Have you consumed drugs or alcohol in the last 24 hours? Yes\_\_\_ No\_\_\_

Have you undergone any recent surgery? Yes\_\_\_ No\_\_\_ I

f yes, please explain \_\_\_\_\_

Please list all vitamins and supplements including herbal remedies you take regularly \_\_\_\_\_

Please list all current medications including aspirin, ibuprofen, blood thinners, etc. you take regularly \_\_\_\_\_

Is there anything else you would like us to know? \_\_\_\_\_

I certify that the preceding medical, personal and skin history statements are true and correct. I am aware that it is my responsibility to inform the esthetician of my current medical or health conditions and to update this history. A current medical history is essential to execute appropriate treatment procedures.

Client Name (Printed) \_\_\_\_\_

Client Name (Signature) \_\_\_\_\_ Date: \_\_\_\_\_

Esthetician/Technician: \_\_\_\_\_ Date: \_\_\_\_\_